

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY

**DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
2024-2025**

TITLE OF THE PROGRAMME	DATE ,VENUE, BENEFICIARIES	RESOURCE PERSON
Industrial Visit to Apollo Speciality Hospitals, Trichy	09.07.2024 No.of Beneficiaries: 28 students from II B.SC N&D	Staff Incharge Ms.E.Agalya, & Ms.C.Nivetha Asst.professors,, Dept of FSM&D, Cauvery College for Women (A), Trichy
Industrial Visit to Naga Foods Ltd, Dindigul	12.07.2024 No.of Beneficiaries: 60 students from III B.Sc N&D, II M.Sc FSM&D	Staff Incharge Dr.B.Thanuja, Head & Professor, Ms.S.Fathima, & Ms.C.Nivetha Asst.professors,, Dept of FSM&D, Cauvery College for Women (A), Trichy
Capacity Building Programme “ Scaling up Nutrition Through Large Scale Food Fortification”	23.07.2024 & Cauvery Hall No.of Beneficiaries: 135 students from FSM&D	Resource Person Mrs.P.Jagatheswari,M.Sc.,M.Phil Food fortification Technical Advisor, Food Safety Department, Tamil Nadu
Capacity Building Programme “ Artificial Intelligence (AI) Powered Revolution: From Farm to Fork”	31.07.2024 & Dr.Mrs.Rameshwari Nallusamy Hall No.of Beneficiaries: 142 students from FSM&D	Resource Person Dr.J.Harine sargunam, Asst.Professor, Dept of Nutrition and Dietetics, Jamal Mohamed College (Autonomous) Trichy

Online Quiz - “The power of Milk: Raising Awareness during Breastfeeding Week” to Celebrate World Breastfeeding Week 2024	05.08.2024 & https://forms.gle/jVzHuwojemVU5H9RA No.of Respondents:238	Staff Incharge: Ms.N.Ganga Devi, Asst.professor, Dept of FSM&D, Cauvery College for Women (A), Trichy
Awareness Programme “ Closing the Gap: Breastfeeding support for all” to commemorate World Breastfeeding week	08.08.2024 & KRT Hall No.of Beneficiaries: 138 Arts students (BBA, BCom, BSW)	Resource Person Dr.T. Dhiviya Narbhavi Ms., DNB (Obstetrics and Gynaecology), Assistant Professor, SRM Medical college Hospital and Research centre, Trichy
Industrial Visit to Aswins Sweets, Perambalur	09.08.2024 & Aswins Sweets, No.of Beneficiaries: 34 students from III B.Sc N&D	Staff Incharge Ms.T.R.Revathi, & Ms.N.Ganga Devi, Asst.professors, Dept of FSM&D, Cauvery College for Women (A), Trichy
Industrial Visit to Vijay milk, Peramangalam	11.09.2024 & No.of Beneficiaries: 54 students from I B.SC N&D I M.Sc FSMD	Staff Incharge Ms.E.Agalya, Ms.T.R.Revathi, Ms.Archana Karthikeyan, Asst.professors, Dept of FSM&D, Cauvery College for Women (A), Trichy
Career Guidance Programme “ Nutrition and Dietetics: A Comprehensive view on future perspectives, challenges, opportunities and Innovation”	13.09.2024 & KRT Hall No.of Beneficiaries: 124 students	Resource Person: Dr.N.Preetha M.Sc., M.Phil.,P.hD., SET Assistant Professor, Department of Clinical Nutrition, Sri Ramachandra Institute of Higher Education and Research, (Deemed to be University), Chennai
Skill Enhancement Activity - Fireless Cookery Competition “ Nutritious diet for Everyone”	17.09.2024 & Auditorium Backside No.of Beneficiaries: 24 students	Staff Incharge Asst.professor, Dept of FSM&D, Cauvery College for Women (A), Trichy

Industrial Visit to Trichy SRM Medical College Hospital and Research Institute, Irungalur	06.12.2024 No.of Beneficiaries: 26 from I B.SC N&D	Staff Incharge Ms.E.Agalya, Ms.L.Gayathri Asst.professors, Dept of FSM&D, Cauvery College for Women (A), Trichy
Industrial Visit to Thalir Organic Farms, Valayapatti, Manaparai	29.01.2025 No.of Beneficiaries: 34 students from III B.Sc N&D	Staff Incharge Ms.T.R.Revathi, Asst. Professor, Dept of FSM&D, Cauvery College for Women (A), Trichy
Skill Enhancement Activity Organized Food Stall “ Nutri – Fusion 2025”	19.02.2025	Organizer: Students of II MSc., FSM &D Staff Incharge Ms.T.R.Revathi, Ms.N.Ganga Devi Asst.Professor, Dept of FSM&D, Cauvery College for Women (A), Trichy

1. **Industrial Visit** to Apollo Hospital, Trichy

INVITATION



**CAUVERY COLLEGE FOR WOMEN
(AUTONOMOUS), TRICHY – 18**
Nationally Accredited (III Cycle) with 'A' Grade by NAAC

**DEPARTMENT OF FOOD SERVICE MANAGEMENT
AND DIETETICS
&
HOSPITALITY CLUB**
Organizes

**INDUSTRIAL VISIT
TO**

**APOLLO SPECIALITY HOSPITALS,
CHENNAI BYPASS ROAD ARIYAMANGALAM AREA,
OLD PALPANNAL,
TIRUCHIRAPPALLI**



CLASS: II B. Sc N&D
DATE : 09.07.2024
DAY : TUESDAY
TIME : 11.00 AM to 01.00 PM

REPORT

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY - 18
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
INDUSTRIAL VISIT –APOLLO SPECIALITY HOSPITALS, TRICHY

Name of the Activity : Industrial Visit
Collaboration : Apollo Specialty Hospitals, Trichy
Date & Time : 09/07/2024 & 11.00 am to 01.00 pm
No. of Participants : Students of II B. Sc N&D - 28
Venue : Apollo Specialty Hospitals, Chennai Bypass Road,
Ariyamangalam Area, Old Palpannai, Trichy

Outcome of the event:

Students of II B. Sc Nutrition and Dietetics from the Department of Food Service Management & Dietetics, Cauvery College for Women (Autonomous), totalling 28, visited Apollo Specialty Hospitals, Trichy as part of an industrial visit. During the visit, they explored both the biochemistry laboratory and the dietary department. In the dietary department, they were taken through the pre-setting area, setting area, and dry and cold storage areas. Various types of diets such as clear and full fluid diet, semi-solid diet, and therapeutic diets were demonstrated to the students, aimed at enriching their knowledge. The visit to the dietary setting area provided them with practical insights into the functioning of a dietary department. In the biochemistry laboratory, students were introduced to various specialized areas including histology, haematology, microbiology, serology, cell culture, and the blood bank. The laboratory demonstrations included tests such as blood grouping, blood serum analysis, platelet count, packed cell volume measurement, and liver function tests. All these tests were showcased using automated analysers. Overall, the visit proved enhancement in the students' practical understanding of the diverse departments within a hospital setting.

Gejji 09/07/2024

HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018



V. Vijayathe
Principal
Cauvery College For Women
(Autonomous)
Annamalai Nagar,
Tiruchirappalli - 620 018.
Tamilnadu.

PHOTOS



2. Industrial Visit to Naga Foods Ltd, Dindigul

INVITATION



**CAUVERY COLLEGE FOR WOMEN
(AUTONOMOUS), TRICHY – 18
Nationally Accredited (III Cycle) with 'A' Grade by NAAC**

**DEPARTMENT OF FOOD SERVICE MANAGEMENT
AND DIETETICS
&
HOSPITALITY CLUB
Organizes**

**INDUSTRIAL VISIT
TO
NAGA FOODS LIMITED, DINDIGUL**



CLASS: III B. Sc N&D, II M. Sc FSM&D

DATE : 12.07.2024

DAY : FRIDAY

TIME : 11.00 AM to 01.00 PM

REPORT

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY - 18
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
INDUSTRIAL VISIT –NAGA FOODS LIMITED, DINDIGUL

Name of the Activity : Industrial Visit
Collaboration : Naga Foods Limited, Dindigul
Date & Time : 12/07/2024 & 11:00 am to 01:00 pm
No. of Participants : III B. Sc N&D - 33
II M. Sc FSM&D – 24
Total – 57
Venue : Naga Foods limited, Dindigul,

Outcome of the Event:


On 12.07.2024, 57 students from the Department of Food Service Management and Dietetics, Cauvery College for Women (Autonomous), consisting of III B.Sc. Nutrition and Dietetics and II M.Sc. Food Service Management and Dietetics, visited Naga Foods Limited, Dindigul. The primary objective of this visit was to provide students with a practical insight into the operations and processes of a leading food manufacturing company, bridging the gap between theoretical knowledge and real-world application. This hands-on experience is integral to their academic curriculum, enhancing their understanding of food product development, entrepreneurship, and preparing them for future careers in the food service industry.

The visit included comprehensive phases of food production technology (Ready To Eat and Ready To Cook), discussions with industrial experts. Session was conducted with representatives from the HR and Marketing department, as well as from the Quality Control department. The session covered detailed explanations of the production process, quality control (QC) sampling procedures, and the Critical Control Points (CCPs) installed in the production.

The visit to Naga Foods Limited was highly informative and provided valuable insights of practical understanding of food manufacturing operations and exposed them to best practices of food industry and advanced food production technologies. Such experiences are crucial in preparing students for successful careers in the dynamic food service industry.


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Tamilnadu.

PHOTOS



3. Capacity Building Programme - “ Scaling up Nutrition Through Large Scale Food Fortification”

INVITATION

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

Nationally Accredited (III Cycle) with A Grade by NAAC

Annamalai Nagar, Trichy

DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS

&

HOSPITALITY CLUB

Organizes

CAPACITY BUILDING PROGRAMME

**"SCALING UP NUTRITION THROUGH
LARGE SCALE FOOD FORTIFICATION"**

RESOURCE PERSON

Mrs.P.JAGATHESWARI,M.Sc.,M.Phil

**Food Fortification Technical Advisor,
Food Safety Department,
Tamilnadu.**



Date : 23/07/2024

Venue: Cauvery Hall

Time: 10.00 am

REPORT

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB ACTIVITY REPORT

Name of the Activity : Capacity Building Programme on 'Scaling up Nutrition Through Large Scale Food Fortification'

Date & Time : 23.07.2024 & 10.00 am - 12.00 pm

No. of Participants : 135 Students

Venue : Cauvery Hall

Resource Person : Mrs. P. Jagadheswari,
Food Fortification Technical Advisor,
Food Safety Department,
Tamil Nadu.

Outcome of the event :

The Department of Food Service Management and Dietetics, in association with the Hospitality Club, organized a capacity-building program on 'Scaling up Nutrition through Large Scale Food Fortification' on July 23, 2024.


Mrs. P. Jagadheswari, Food Fortification Technical Advisor, Food Safety Department, Tamil Nadu, delivered a lecture on the importance of food fortification in staple foods. She also led a broad discussion on the nutritional status of Tamil Nadu, based on (National Family Health Survey) NFHS data.

The session covered an elaborate explanation of micronutrient deficiencies and ways to tackle them through therapeutic interventions and fortified foods. Additionally, the implementation of government schemes to reduce micronutrient deficiencies was discussed.

The program was engaging and informative, with participants interacting with the resource person during a question-and-answer session. The event concluded with a productive discussion and valuable insights gained by all attendees.


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DEPARTMENT OF FOOD SERVICE
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TRICHY - 620 010




25.7.2024
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(Autonomous)
Annemalai Nagar,
Tiruchirappalli - 620 018.
Tamilnadu.

PHOTO



4. **Capacity Building Programme** - “ Artificial Intelligence (AI) Powered Revolution: From Farm to Fork”

INVITATION




CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
NATIONALLY ACCREDITED (III CYCLE) WITH "A" GRADE BY NAAC
ANNAMALAI NAGAR, TIRUCHIRAPPALLI-620018

**DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
&
HOSPITALITY CLUB
organizes**

CAPACITY BUILDING PROGRAMME

**"ARTIFICIAL INTELLIGENCE (AI)
POWERED FOOD REVOLUTION: FROM FARM
TO FORK"**

RESOURCE PERSON
*Dr. J.Harine Sargunam,
Assistant Professor,
Department of Nutrition and Dietetics,
Jamal Mohamed College
(Autonomous), Trichy*

31
JULY, 2024

TIME :
10:30 AM - 12:00 PM

VENUE :
**DR.MRS.RAMESHWARI
NALLUSAMY HALL**



REPORT

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB ACTIVITY REPORT

Name of the Activity: Capacity Building Programme on Artificial Intelligence
(AI) Powered Food Revolution: From Farm to Fork

Date & Time : 31.07.2024 & 10.00 am - 12.00 pm

No. of Participants : 142 – Students of Dept of FSM&D

Venue : Dr. Mrs. Rameshwari Nalluswamy Hall

Resource Person : Dr. J. Harine Sargunam,
Assistant Professor,
Department of Nutrition and Dietetics,
Jamal Mohamed College (Autonomous), Trichy

Outcome of the event:

The Department of Food Service Management and Dietetics, in collaboration with the Hospitality Club, successfully organized a Capacity-Building Program on "Artificial Intelligence (AI) Powered Food Revolution: From Farm to Fork" on July 31, 2024.

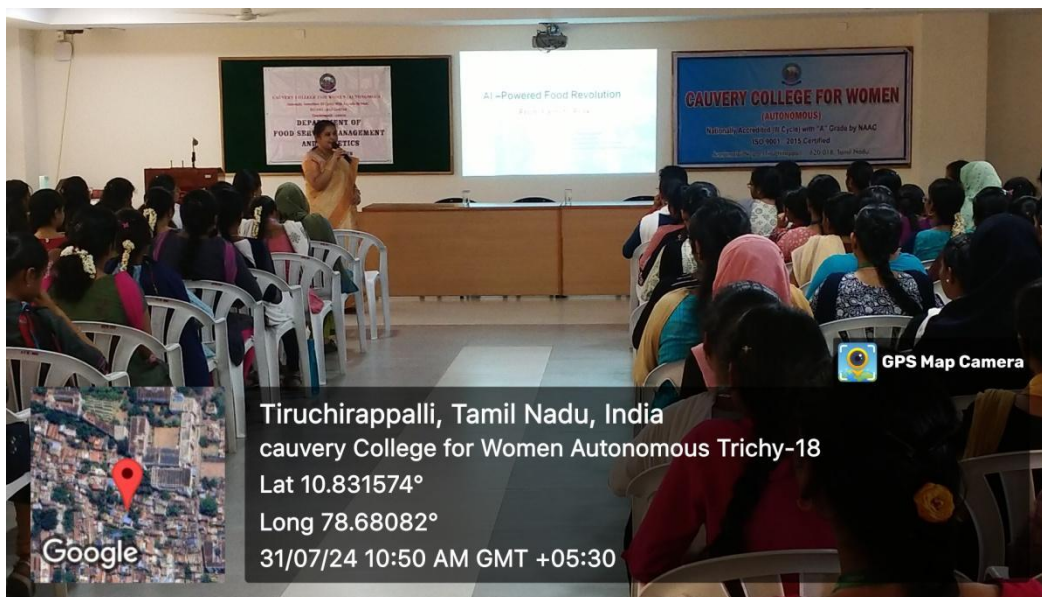
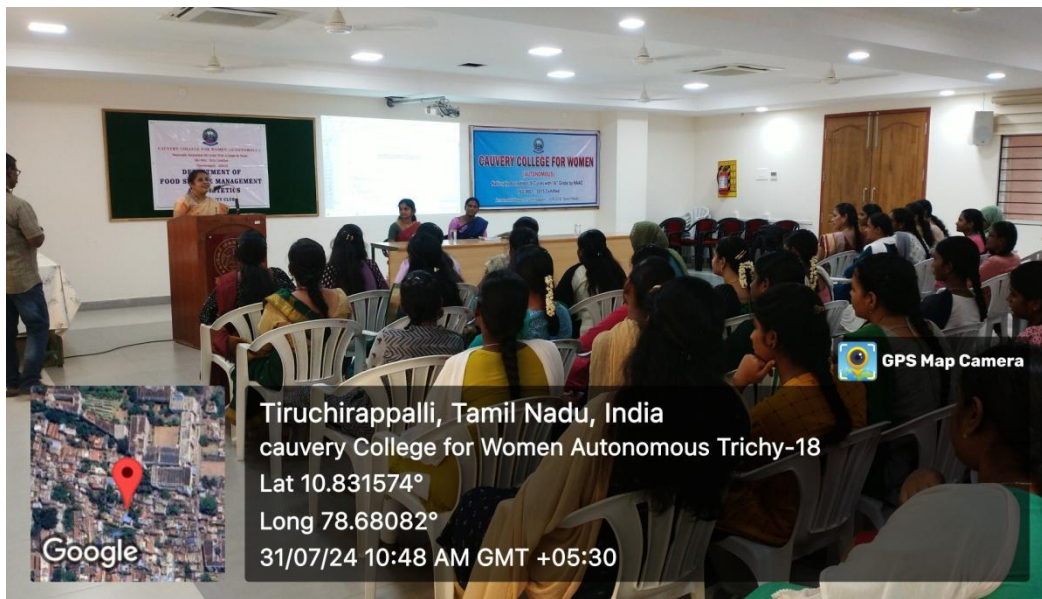
Dr. J. Harine Sargunam, Assistant Professor, Department of Nutrition and Dietetics, Jamal Mohamed College (Autonomous), Trichy, was the esteemed resource person for the program. She delivered an engaging and informative session, covering types of AI and their applications in the food industry, machine learning in food production: case studies on beer and biscuits, quality detection in mangoes, Applications of AI in agriculture: precision farming and crop management, food processing: automation and efficiency, Digital marketing and personalized consumer experiences. The program witnessed active participation and interaction from attendees, fostering a dynamic learning environment. The session provided valuable insights into the AI-powered food revolution, equipping attendees with knowledge to navigate the evolving food landscape. The program was highly effective, with attendees praising the informative and engaging presentation style. The initiative demonstrates the department's commitment to staying at the forefront of industry trends and technological advancements.

[Signature] 31/07/2024
HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018



[Signature]
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Cauvery College For Women
(Autonomous)
Annamalai Nagar,
Tiruchirappalli - 620 018
Tamilnadu.

PHOTOS



5. Online Quiz - “The power of Milk: Raising Awareness during Breastfeeding Week” to Celebrate World Breastfeeding Week 2024

INVITATION



REPORT


CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB ACTIVITY REPORT

Name of the Activity : Online Quiz "The Power of Milk: Raising Awareness during Breastfeeding Week"
Date & Time : 05.08.2024
No. of Participants : 238 Respondents from Cauvery College for Women (Autonomous), Trichy
Link: <http://forms.gle/jvzHuwojemVU5H9RA>

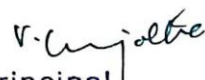
Outcome of the event:

Cauvery College for Women (Autonomous), Trichy, hosted an online quiz titled "The Power of Milk: Raising Awareness during Breastfeeding Week" on 05.08.2024. The quiz was designed to enhance students' knowledge and awareness about the benefits of breastfeeding and its role in maternal and infant health. Two hundred and thirty-eight students from various departments participated in the quiz showcasing deep interest, enthusiasm and curiosity. The quiz featured a range of questions related to breastfeeding practices and benefits, thus educating and raising awareness among students.

It provided an engaging platform for students to learn and assess their knowledge, thus contributing to breastfeeding awareness during World Breastfeeding Week. On the completion 238 respondents participated in the Online quiz and 125 respondents got E-certificates who secured 80% and above.


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DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 010




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Annamalal Nagar,
Tiruchirappalli - 620 018
Tamilnadu.

6. Awareness Programme

“Closing the Gap: Breastfeeding support for all” to commemorate World Breastfeeding week
INVITATION



The invitation poster is framed with a decorative border of blue and pink flowers and gold confetti. At the top center is the Cauvery College for Women logo. Below it, the college's name and accreditation details are listed. The organizing department and club are mentioned in red. The event title is in a large, bold font, followed by the dates. The resource person's name and credentials are listed on the left, and the 'Closing the Gap' logo is on the right. The date 'AUGUST 08' is prominently displayed in the center. The time and venue are listed at the bottom, separated by decorative lines.


CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
NATIONALLY ACCREDITED (III CYCLE) WITH "A" GRADE BY NAAC
ANNAMALAI NAGAR, TIRUCHIRAPALLI-620018

**DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
&
HOSPITALITY CLUB**
Organizes
AWARENESS PROGRAMME

**TO COMMEMORATE WORLD BREASTFEEDING WEEK
(AUG-01 TO AUG-07) 2024**

"CLOSING THE GAP: BREASTFEEDING SUPPORT FOR ALL"

RESOURCE PERSON
Dr.T.Dhiviya Narbhavi MS.,DNB
(Obstetrics and Gynaecology),
Assistant professor,
SRM Medical College Hospital And Research Centre,
Trichy.



**AUGUST
08**

TIME:
10:00AM-12:00PM

VENUE:
KRT HALL

REPORT

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB ACTIVITY REPORT

Name of the Activity : Awareness program on "Closing the Gap: Breastfeeding Support for All" to commemorate World Breastfeeding Week (August 1-7)

Date & Time : 08.08.2024 & 10.00 am to 12.00 pm

No. of Participants : 138 students from I M. Com, II M. Com, II BBA, I & III BSW

Venue : KRT Hall, Cauvery College for Women (Autonomous), Trichy

Resource Person : Dr. T. Dhiviya Narbhavi,
Assistant Professor,
Department of Obstetrics & Gynaecology,
SRM Medical College Hospital and Research Centre,
Trichy

Outcome of the event:


The Department of Food Service Management and Dietetics, Cauvery College for Women, (Autonomous), Trichy commemorated World Breastfeeding Week (Aug 1-7) with an Awareness Programme on "Closing the Gap: Breastfeeding Support for All". The event aimed at promoting the importance of breastfeeding and hence providing valuable insights to students. One Hundred and Thirty Eight (138) students across various departments including I M.Com, II M.Com, II BBA, I III BSW, I B.Sc N&D participated in the event

Dr. T. Dhiviya Narbhavi, Assistant Professor in the Department of Obstetrics & Gynaecology at SRM Medical College Hospital and Research Centre, Trichy delivered a comprehensive talk on the significance of breastfeeding and its benefits, explaining the different stages of breast milk, nutritional requirements during pregnancy and lactation, proper positioning, latching and care during feeding, addressing common issues of lactation and feeding challenges.

The event provided a valuable learning experience, empowering students with knowledge to support breastfeeding mothers and breastfeeding culture. The program concluded with an interactive session answering participants queries.


HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018




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Tamilnadu.

PHOTOS



7. Industrial Visit to Aswins Sweets, Perambalur
INVITATION



**CAUVERY COLLEGE FOR WOMEN
(AUTONOMOUS), TRICHY-18**
Nationally Accredited (III Cycle) with 'A' Grade by NAAC

**DEPARTMENT OF FOOD SERVICE MANAGEMENT
AND DIETETICS
&
HOSPITALITY CLUB**
Organizes

**INDUSTRIAL VISIT
TO
ASWINS SWEETS, PERAMBALUR**



CLASS: III B. Sc N&D
DATE : 09.08.2024
DAY : FRIDAY
TIME : 11.00 AM to 01.00 PM

REPORT

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY - 18

DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS

INDUSTRIAL VISIT – ASWINS SWEETS, PERAMBALUR

Name of the Activity : Industrial Visit
Collaboration : Aswins Sweets, Perambalur
Date & Time : 09/08/2024 & 11:00 am to 01:00 pm
No. of Participants : 34 students of III B. Sc N&D
Venue : Aswins Sweets, Perambalur

Outcome of the Event:

The Department of Food Service Management and Dietetics, Cauvery College for Women (Autonomous) organized an industrial visit to Aswins, Perambalur, as part of the curriculum for the course title "Bakery and Confectionery" to provide students with practical exposure to the bakery and confectionery industry. The aim of the visit was to understand the production process and operations of a commercial bakery and confectionary unit to gain hands on experience, enhance knowledge on quality control, safety measures and industry standards. Students interacted with industry experts and staff in production areas. It was a successful and enriching experience for the students.


HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 18




Principal
Cauvery College For Women
(Autonomous)
Annamalai Nagar,
Tiruchirappalli - 620 018
Tamil Nadu.

PHOTOS



Perambalur, Tamil Nadu, India
45, Kalpady Rd, Eraiyasamuthiram, Perambalur, Tamil Nadu 621113, India
Lat 11.206181°
Long 78.881472°
09/08/24 11:31 AM GMT +05:30

8. Industrial Visit to Vijay milk, Peramangalam
Invitation



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

TRICHY - 18

Nationally Accredited (III Cycle) with 'A' Grade by NAAC

DEPARTMENT OF FOOD SERVICE MANAGEMENT

AND

DIETETICS

&

HOSPITALITY CLUB

Organizes

INDUSTRIAL VISIT

TO

VIJAY MILK, PERAMANGALAM



Good Health + Happy Family

CLASS : I B.Sc., N&D and I M.Sc., FSM&D

DATE : 11.09.2024

DAY : WEDNESDAY

TIME : 9.30 A.M TO 2.00 P.M

REPORT

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY - 18
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
INDUSTRIAL VISIT -VIJAY MILK, PERAMANGALAM, TRICHY

Name of the Activity : Industrial visit
Date & Time : 11/09/2024 & 09:30 am to 02:00 pm
No. of Participants : 54 students of I B. Sc N&D & I MSc FSM&D
Venue : Vijay Milk, Peramangalam ,Trichy

Outcome of the event:

Students of I B. Sc Nutrition and Dietetics and I MSc FSM&D from the Department of FSM&D, Cauvery College for Women (Autonomous), totalling 54, visited Vijay Milk, Peramangalam in Trichy on 11/09/2024 as part of the industrial visit. Three faculties accompanied the students.

The visit involved a tour of various units of the plant with a detailed description of their products, and various processing methods starting from procurement of good quality raw milk from farmers segregation of milk and cream for various milk products, pasteurisation, inoculation, spray drying followed by packaging, storing and finally cleaning of the silos and various types of equipment involved, to ward off any chances of microbial contamination

Students were given detailed explanations by R&D faculty about the various temperatures required for different purposes and products during processing and storing. The various products manufactured by Vijay Milk include milk, curd, ghee, paneer, lassi, buttermilk, sweetened khoa and skimmed milk powder. They also have Vijay Homefoods which manufactures 12 types of spice powders and bajji mix.

The visit ended with an interactive session with their R&D team, HR team and other senior members like Mrs .Vidhya Madhan - Executive Director (Vijay Dairy and Farm Products Private Limited) followed by a feedback session. The overall session and visit was a highly knowledgeable and enriching experience for the students



V. Vidhya Madhan
Principal
Cauvery College For Women
(Autonomous)
Annamalai Nagar,
Tiruchirappalli - 620 018
Tamilnadu.

PHOTOS



9. Career Guidance Programme “Nutrition and Dietetics: A Comprehensive view on future perspectives, challenges, opportunities and Innovation”¹¹. Invitation

INVITATION





CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
NATIONALLY ACCREDITED III CYCLE WITH "A" GRADE BY NAAC
ANNAMALAI NAGAR, TIRUCHIRAPALLI-620018

IN CONNECTION WITH RUBY JUBILEE YEAR (1984-2024)

**DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB**
&
CAUVERY COLLEGE ALUMNAE ASSOCIATION

Organizes

CAREER GUIDANCE PROGRAMME

"NUTRITION AND DIETETICS: A COMPREHENSIVE VIEW ON FUTURE
PERSPECTIVES, CHALLENGES, OPPORTUNITIES AND INNOVATION"

**TO CELEBRATE NATIONAL NUTRITION MONTH
(SEPTEMBER 2024)**

RESOURCE PERSON

Dr.N.PREETHA,M.Sc.,M.Phil.,Ph.D.,SET.,
Assistant Professor,
Department of Clinical Nutrition,
Sri Ramachandra Faculty of Allied Health Sciences,
Sri Ramachandra Institute of Higher Education and
Research (Deemed to be University),
Porur, Chennai-600125



MSC.FSM&D
(BATCH 2002 - 2004)

VENUE: KRT HALL

FRIDAY | 13.09.2024 | 10.00AM - 12.00PM

REPORT

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY - 18
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB

Name of the Activity : Career Guidance Programme "NUTRITION AND DIETETICS : A COMPREHENSIVE VIEW ON FUTURE PERSPECTIVES, CHALLENGES, OPPORTUNITIES AND INNOVATION"

Date & Time : 13/09/2024 & 10:00 am to 12:00 pm

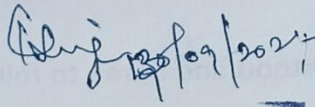
No. of Participants : 124 students from Department of FSM&D

Venue : KRT Hall, Cauvery College for Women (Autonomous)

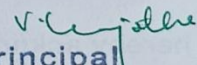
Outcome of the event:

A Career guidance programme titled "NUTRITION AND DIETETICS: A COMPREHENSIVE VIEW ON FUTURE PERSPECTIVES, CHALLENGES, OPPORTUNITIES AND INNOVATION" by Dr.N. Preetha, MSc. MPhil .PhD, SET Assistant Professor, Department of Clinical Nutrition ,Sri Ramachandra Faculty of Allied Health Sciences, Sri Ramachandra Institute of Higher Education and Research (Deemed to be University) ,Chennai was attended by all the students of department of FSM&D , Cauvery College for Women (Autonomous),Trichy.This program was organized by department of FSM&D, Hospitality Club and Cauvery College Alumnae Association. Here it should be emphasized that the invited resource person was our prominent Alumni. She completed her Master's programme (MSc FSM&D) during the period 2002-2004

The session started with a prayer song, welcome address and a brief introduction of the resource person. The resource person delivered a lecture on available career opportunities in the field of nutrition and dietetics, scope professional, requirements and courses related to it. The session was an interactive one , interspersed with some gaming exercises to keep the students entertained and interested. The programme ended with an enlightening motivational speech and feedback session .The overall experience was highly enriching ,practical and eye-opening


HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
Tiruchirappalli - 620 018




Principal
Cauvery College For Women
(Autonomous)
Annamalai Nagar,
Tiruchirappalli - 620 018.
Tamilnadu.

PHOTOS





GPS Map Camera

Tiruchirappalli, Tamil Nadu, India

D-18/49, Annamalai Nagar, Woraiyur, Tiruchirappalli, Tamil Nadu 620003, India

Lat 10.832584°

Long 78.681034°

13/09/24 11:02 AM GMT +05:30

Google

**10. Skill Enhancement Activity - Fireless Cookery Competition
Everyone”**

“ Nutritious diet for

INVITATION



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

NATIONALLY ACCREDITED III CYCLE WITH "A" GRADE BY NAAC
ANNAMALAI NAGAR, TIRUCHIRAPALLI-620018

IN CONNECTION WITH RUBY JUBILEE YEAR (1984-2024)

DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS

&

HOSPITALITY CLUB

Organizes

SKILL ENHANCEMENT ACTIVITY

FIRELESS COOKERY COMPETITION

**TO CELEBRATE NATIONAL NUTRITION MONTH
[SEPTEMBER, 2024]**

"NUTRITIOUS DIETS FOR EVERYONE"

DATE: 17.09.2024

TIME: 10.00AM-11.00AM

VENUE: AUDITORIUM BACKSIDE



RULES AND REGULATION

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
&
HOSPITALITY CLUB
ORGANIZES
FIRELESS COOKERY COMPETITION ON 17.09.2024
TO CELEBRATE NATIONAL NUTRITION WEEK (SEPTEMBER 2024)

The Hospitality Club of the Department of Food Service Management and Dietetics has planned to conduct Fireless Cookery Competition on 17.09.2024. In this regard we kindly request to inform your Department students to participate in the event. Two individual entries from each Department will be allowed. Registration should be done on or before 12.09.2024.

Event : Fireless Cookery Competition

Date : 17.09.2024

Venue : Auditorium Backside

Time : 10.00 am – 11.00 am

Rules for participants:

- Participants should bring their own ingredients, utensils, display vessels and other necessary items.
- Junk food items as ingredients are strictly prohibited.
- Participants will be given 30 minutes for preparation.
- Only one item should be prepared.
- Menu card with sufficient information on ingredients and method of preparation should be displayed.
- Marks shall be awarded on the basis of ingredients used, nutritive value of the prepared contents and innovative method of display.

HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018

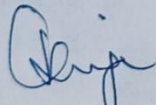
V. Vijatha
9.9.24

REGISTRATION

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
&
HOSPITALITY CLUB
ORGANIZES
FIRELESS COOKERY COMPETITION ON 17.09.2024
TO CELEBRATE NATIONAL NUTRITION MONTH (SEPTEMBER 2024)
STUDENTS LIST

S. No	NAME OF THE DEPARTMENT	STUDENT NAME	REGISTER NUMBER	CLASS
1	Tamil	Sindhujha .S	22101021	VI B.A Tamil
		Abarna .U.L.A	22101026	VI B.A Tamil
2	English	saanya niranjani .M	23102023	II BA-English
		sandhesi .S	23102022	II B.A english
3	Commerce Commerce CA	Dharani .R	23111040	II B.COM A
		Dharshini .L	23111041	II B.COM A
4	Social Work	Dheja .N	24103005	I BSW
		Dharvarshini .J	24103006	I BSW
5	Business Administration	Dharshini .R	24104008	I BBA
		Dhanyashree .V	24104006	I BBA
6	Mathematics	PRIYABHARATHY.N	23216011	II MSC
		S.SWETHA	24216012	I MSC
7	Physics	Sudharsanashi .R	24217006	I MSC
		Jothi .R	24217004	I MSC
8	Chemistry	Asintha .V	22118003	III BSc chemistry
		Emeral meley.N	22118006	III BSc chemistry

9	Computer Science Computer Science with Cognitive Systems	Ezhilini . R Gajalakshmi . S	24121038 23121033	I C.S.D II BSC.CS 'A' sec
		Darshini . R Divyashri . V	24121009 24121033	I C.S. 'A' DCS-A
10	Computer Applications			
11	Information Technology	Gauri . S	22123018	II BSC IT
		Gangadurai . N	22123017	II BSC IT
12	Microbiology	Mahasaraswathi . C	22119034	II BSC Microbiology
		Prithiba . G	22119039	II BSC Microbiology
13	Biotechnology	R. Kalai	24120015	R.K.I ^{8th} Bio-tech
		J. Varshni	24120047	I Bio-tech.
14	Food Service Management and Dietetics	Gowri . V	23224005	I MSc F&M 2D
		Divya Sri . B	23224002	I MSc F&M 2D



HEAD

DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018

PARTICIPANTS



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY-18.
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB,
ORGANIZES

SKILL ENHANCEMENT ACTIVITY
Fireless Cookery Competition

To Celebrate National Nutrition Month (September 2024)
17.09.2024

S. NO	NAME	CLASS	LOT NO
1	L. Dhavshini	II - Bcom - A	20
2	R. DHARANI	II. B.COM - A	18
3.	R. JOTHIGA	I. M. SC. PHY	16 23
4.	R. Sathya Senthil	I M. Sc PHY	24
5.	C. MAHASARASWATHI	III BSC MB	11
6	G. PRITHIPA	III - B. SC. MB	4
7.	N. PRIYABHARATHY	II - M. SC Maths	10
8.	S. SWETHA	I - M. SC Maths	5
9.	DHANYA SHREE. V	I - BBA	25
10.	R. DHARSHINI	I - BBA	6
11	B. DIVYA SRI	II M. SC FSH&D	21
12.	GOWRI V	II M. SC FSH&D	17
13.	S. Senthil	II BA - Eng	8
14.	M. SATHYANIRAJAN	II. BA - Eng	35
15.	N. GANADEVI	III - B. SC - IT	2
16.	S. GAURI	III - B. SC - IT	9
17.	D. DHANAPRIYA	III BA. Tamil	14
18.	V. LA. APPARNA	III BA Tamil	12

PRIZE WINNERS LIST



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY-18.
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB,
ORGANIZES

SKILL ENHANCEMENT ACTIVITY
Fireless Cookery Competition

To Celebrate National Nutrition Month (September 2024)
17.09.2024

PRIZE WINNER'S LIST

S.NO	Name of the participants	Register number	Lot No	Department	Class	Rank
1.	C. MAHASARASWATHI	22119034	11	MICROBIOLOGY	III BSC	I
2.	V. GOWRI	23224005	17	FSM+D	II MSC	II
3.	S. GAURI	22123018	9	IT	III BSC	III
4.	N. PRIYABHARATHY	23216011	10	MATHS	II MSC	III

NAME AND ADDRESS OF THE JUDGE

1. DR. V. KAVITHA, ASSOC. PROF
DEPT OF TAMIL

SIGNATURE

V. Kavitha
17/09/2024

2. DR. K. KALAIARASI, ASST. PROF
DEPT. OF MATHEMATICS

K. Kalaiarasi
17/9/2024

Signature of the HOD
17/09/2024

Signature of the Principal
17.9.24

HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018

REPORT

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY - 18
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB

Name of the Activity : Skill Enhancement Programme "Interdepartmental Fireless Cookery competition- Nutritious Diets for Everyone"

Date & Time : 17/09/2024 & 10:00 am to 11:00 pm

No. of Participants : 24 students from Cauvery college

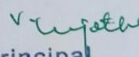
Venue : Auditorium (Backside)

Outcome of the event:

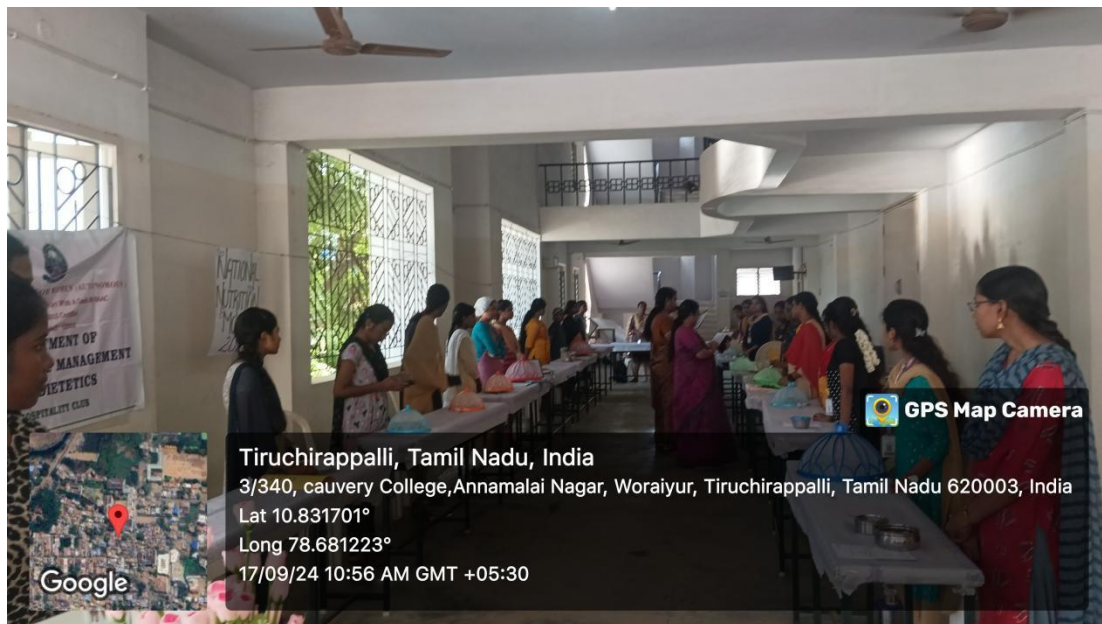
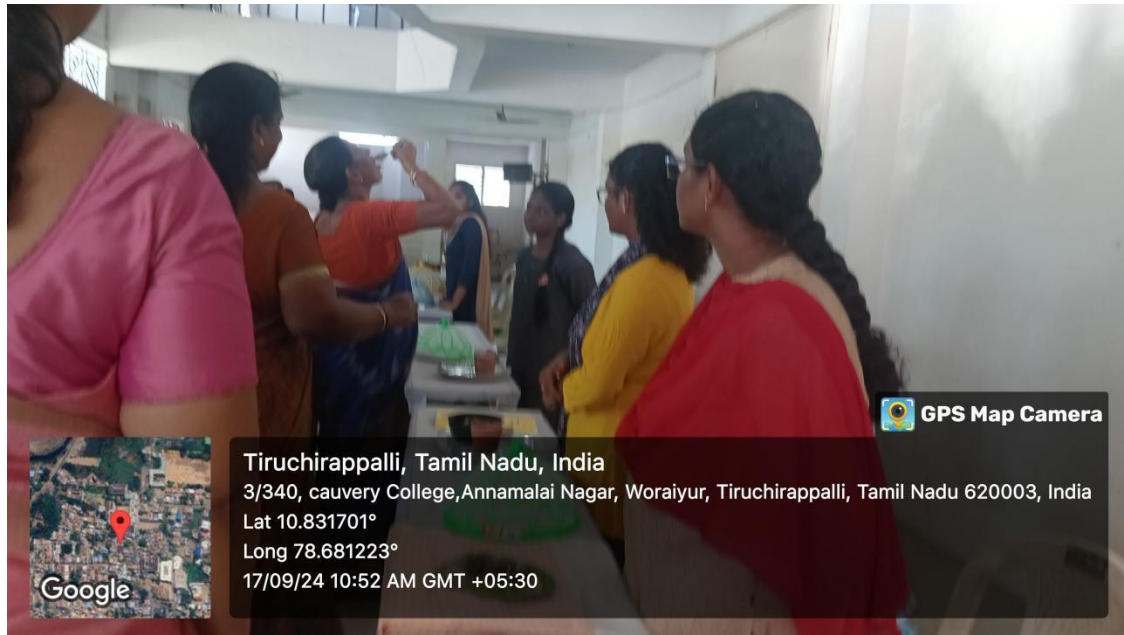
To commemorate the Ruby Jubilee Celebration of Cauvery College for Women (Autonomous), Trichy, the Department of Food Service Management and Dietetics in collaboration with the Hospitality Club, organized a dynamic and insightful event. As part of the National Nutrition Month Celebration, the Fireless Cookery Competition was organized on 17th September 2024, centered on the theme "Nutritious Diets for Everyone." This competition provided a unique platform for participants to showcase their culinary creativity while reinforcing the importance of wholesome, nutritious meals. By emphasizing fireless cooking, the event highlighted the simplicity of preparing healthy dishes. The professional experts judged the event. Based on evaluator parameters three best prizes were awarded. The initiative perfectly aligned with the overarching mission to promote balanced nutrition and foster healthier eating habits for all.


HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018




Principal
Cauvery College For Women
(Autonomous)
Annamalai Nagar,
Tiruchirappalli - 620 018.
Tamilnadu.

PHOTOS





Tiruchirappalli, Tamil Nadu, India

3/340, cauvery College, Annamalai Nagar, Woraiyur, Tiruchirappalli, Tamil Nadu 620003, India

Lat 10.831701°

Long 78.681223°

17/09/24 10:55 AM GMT +05:30

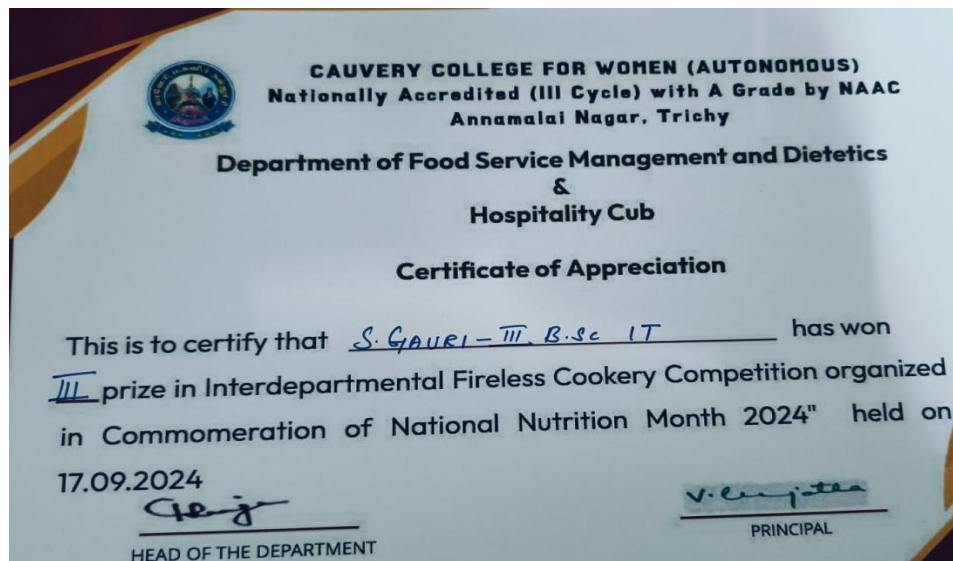
CERTIFICATE

C.Mahasaraswathi - III B.Sc., MB



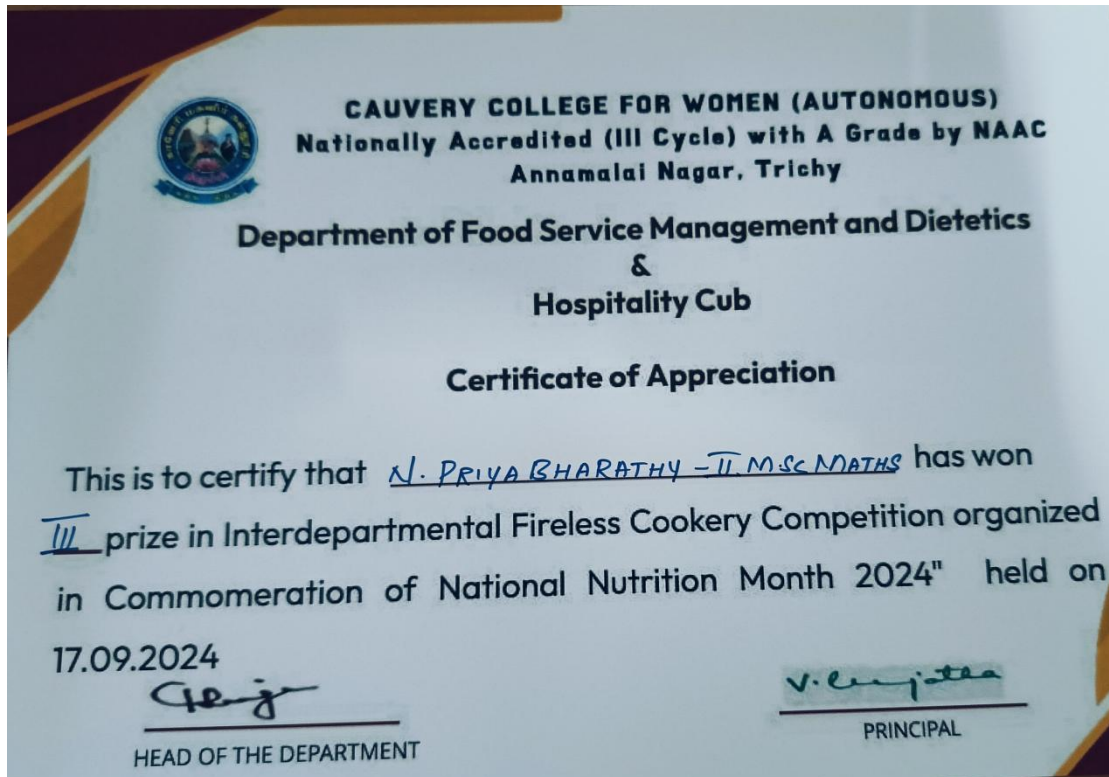
S.Gauri -

III B.Sc., IT




N.Priyadharshini -


II M.Sc., Maths



11. Industrial Visit to Trichy SRM Medical College Hospital and Research Institute, Irungalur



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 18
Nationally Accredited (III Cycle) with 'A' Grade by NAAC
DEPARTMENT OF FOOD SERVICE MANAGEMENT
AND
DIETETICS
&
HOSPITALITY CLUB
Organizes
INDUSTRIAL VISIT
TO
TRICHY SRM MEDICAL COLLEGE HOSPITAL
AND RESEARCH CENTRE, IRUNGALUR



CLASS : I B.Sc., N&D
DATE : 06.12.2024
DAY : FRIDAY
TIME : 9.30 A.M TO 2.30 P.M

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY - 18
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
INDUSTRIAL VISIT

Name of the Activity : Industrial Visit
Collaboration : Trichy SRM Medical College Hospital & Research Institute, Irungalur
Date & Time : 06/12/2024 & 9.30 am to 02:30 pm
No. of Participants : 26 students of I B.Sc N&D
Venue : Aswins Sweets, Perambalur

Outcome of the Event:

In connection with the MoU and as part of the curriculum for the course titled Human Physiology, the Department of FSMD organized an industrial visit to Trichy SRM Medical College Hospital & Research Institute, Irungalur. During the visit, the students were given the opportunity to explore the Biochemistry Laboratory, Blood Bank, and food distribution system. By observing and understanding the operational aspects and parameters of these facilities, they were able to bridge the gap between theoretical knowledge and real-world applications. This enriching hands-on experience will undoubtedly contribute significantly to their academic and professional growth.

E. Arul
06/12/2024

Geetha
06/12/2024

HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018



V. Jayalakshmi
Principal
Cauvery College For Women
(Autonomous)
Annamalai Nagar,
Tiruchirappalli - 620 018.
Tamilnadu.

Photos





12. Industrial Visit to Thalir Organic Farms, Valaiyapatti, Manapparai, Trichy

INVITATION

CAUVERY COLLEGE FOR WOMEN
(AUTONOMOUS), TRICHY-18



Nationally Accredited (IV Cycle) with 'A+' Grade by NAAC

EXPOSURE VISIT AGRI REFORMING



VENUE: Thalir organic farms,
Valaiyapatti
Manapparai, Trichy



28 January 2025

At 10.00AM

REPORT

CAUVERY COLLEGE FOR WOMEN(AUTONOMOUS), TRICHY

INDUSTRIAL VISIT REPORT

Name of the activity : Industrial Visit

Date & Time : 28.01.2025

Venue : Thalir Organic Farms, Valayapatti, Manapparai, Trichy

Outcome of the event

Incubation Cell of Cauvery College for Women in collaboration with Naandi Foundation. UG final-year students from Nutrition and Dietetics- Department of Food Service Management and Dietetics and the Department of Microbiology participated in the visit. Upon arrival, students were welcomed with nutritious snacks made from the farm's yield. The farmland, owned by Mr. Pon Alagendra Raja, served as the venue for learning about regenerative agriculture. The resource persons explained its principles and demonstrated various applications of natural fertilizers. Students actively participated in fertilizer application and explored different sections of the farm, observing sustainable farming techniques like crop rotation and organic pest control. Three students were recognized for their volunteering spirit and were awarded books as a token of appreciation. The visit provided valuable hands-on experience, enhancing students' understanding of eco-friendly farming. The event was informative and helped bridge the gap between theoretical knowledge and practical applications.

28/01/2025

V. Vijitha



Principal
Cauvery College For Women
(Autonomous)
Annamalai Nagar,
Tiruchirappalli - 620 018.
Tamilnadu.

PHOTO



GPS Map Camera

Google

Valayapatti, Tamil Nadu, India
Gcr4+mqg, Valayapatti, Pannapatti East, Tamil
Nadu 622408, India
Lat 10.541702° Long 78.406887°
28/01/25 01:01 PM GMT +05:30

13. **Skill Enhancement Activity** Organized Food Stall “Nutri – Fusion 2025”



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
Nationally Accredited (IV cycle)A+ grade by NAAC
Tiruchirapalli - 620018

**DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
&
HOSPITALITY CLUB**

**ORGANIZES
SKILL ENHANCEMENT ACTIVITY
NUTRI-FUSION 2025**

	PANEER SHAWARMA - Rs 30	
	RAGI VEG SOUP - Rs 25	
	CHANNA MASALA - Rs 25	
	DATES CUPCAKE - Rs 25	

WE CORDIALLY INVITE YOU TO THE FOOD STALL

DATE : 19.02.2025
VENUE : AUDITORIUM BACKSIDE
TIMING : 12.00PM TO 1.00PM

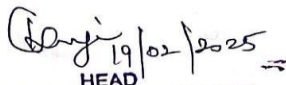
REPORT

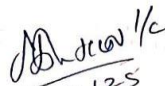
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB ACTIVITY REPORT

Name of the Activity : Skill Enhancement Activity
"Nutri Fusion 2025" – Food Stall
Date : 19.02.2025
Venue : Auditorium Backside

Report of the Event

The Department of Food Service Management and Dietetics and the Hospitality Club organized the "Nutri Fusion 2025" on 19.02.2025. The flavorful Paneer Shawarma, priced at Rs.30, was a crowd favorite, while the wholesome Ragi Vegetable Soup, offered at Rs. 25. Provide a warm and nutritious option. The rich and spicy Channa masala, also priced at Rs.25, was well received, complementing the menu perfectly. The delightful dates Cupcakes was available for Rs.25. The recipes were well prepared and received positive feedback for taste and presentation. The vibrant and engaging contributions made by the participants significantly enhanced the overall success of the event, showcasing an exceptional level of involvement from both students and faculty members at Cauvery College for Women. This activity was designed to enhance students' skills and foster their entrepreneurial abilities.


HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018


3/3/25

Photos



